



COVID-19 CONTROLS

TOOLBOX TALK

MONDAY 6 APRIL

Rev.3



COVID-19 WHAT IS IT?

CORONAVIRUS (COVID-19) IS A RESPIRATORY ILLNESS

GOOD HYGIENE CAN PREVENT INFECTION;

- Wash hands using soap and water or use hand sanitiser
- Cover your nose and mouth by coughing into your elbow or with a tissue (discard into a bin)
- Wash your hands again immediately after
- Don't touch your face and mouth and adhere to good food-safety practices

SOCIAL DISTANCE IS IMPORTANT;

[Aust. Govt. Dept. of Health](#) advises to keep 1.5 metres between you and other people whenever possible, while [NZ Mins. Of Health](#) advises 2 metres



HOW TO STAY SAFE AND WELL

What you need to do all day, every day

- Practice Social Distancing - at least 2 arms length away
- Practice Personal Hygiene - wash your hands for 20 secs
- Cleaning - regularly clean hard surfaces (tables, door handles)

If you have symptoms - DO NOT COME TO WORK

- Stay home and contact a Health Care Professional for advice
- Inform a CPB Manager and/or Supervisor
- Symptoms can include;
 - Fever (high temperature)
 - Cough
 - Sore throat
 - Sneezing and/or runny nose
 - Shortness of breath



WE'RE ENFORCING FOR EVERYONE'S SAKE

If we don't WORK TOGETHER to follow the rules

- The project will be stopped
- Everyone will stop work

We want to stay open and operational, but need you, to

- Follow the rules, and
- Speak up if you see anyone not doing the right thing!

DO THE RIGHT THING

**CPB Contractors will
not tolerate anyone
not following these
rules!**

WHY WE NEED TO BE STRICT

- To keep you healthy and safe
- To keep your workmates, friends and families safe
- To keep our project open for our workforce, clients and community
- To protect our livelihood, your job

If you aren't doing the right thing, expect to be pulled up for it

If you are planning to do a task which could potentially breach social distancing requirements, please talk to your Supervisor or SHEQ Team member for advice.

QUESTIONS

Note anything unable to be answered here will be responded to at the next update by your SHEQ & HR Managers

