Clean and Disinfect

Removal of germs such as the virus that causes COVID-19 requires thorough cleaning followed by disinfection.

How do I clean and disinfect?
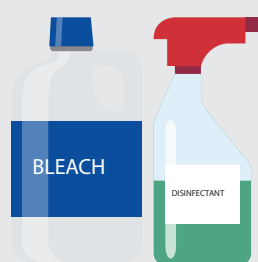
Use Personal Protective Equipment (PPE)

Cleaning staff should wear impermeable disposable gloves and a surgical mask plus eye protection or a face shield while cleaning.

Remove Dirt and Grime

Use soap and water to remove dirt and some germs. Note, organic matter can inactivate many disinfectants.

Disinfect to Kill Germs

Wipe the area with a disinfectant solution using disposable paper towels or a disposable cloth. Follow the directions on the label.

PPE Disposal and Personal Hygiene

Scrub hands for 20 seconds with soap and warm water. Dispose of gloves and other PPE in a leak proof plastic bag.
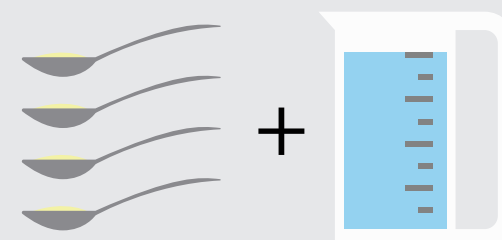
What can I use?

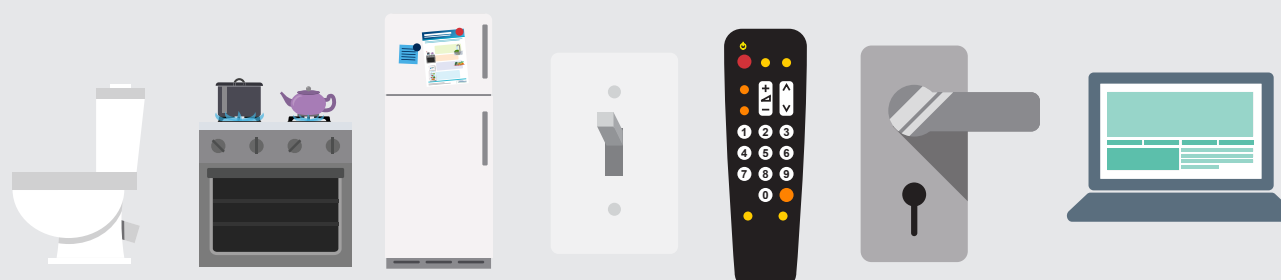Use cleaning products with anti-viral claims (i.e. chlorine-based disinfectants).

Use cleaning products with at least 70% alcohol solutions.

Use freshly made bleach solution and follow manufacturer's instructions for appropriate dilution.
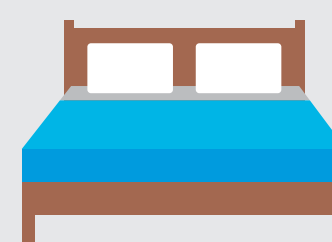
How often should I clean and disinfect?

Frequently throughout the day

Bathrooms, kitchens, tables and surfaces people touch often.
Like light switches, remotes, door handles, phones, computers and printers.

As used

Rest and Sleeping Areas
Clean and disinfect more often when dirty or between people.

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