

## CPB PROTOCOL

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### GROUP PROTOCOL – INTERNATIONAL TRAVEL (COVID-19)

#### Background

The 2019 novel coronavirus (COVID-19) is a respiratory illness caused by a new virus. Symptoms range from a mild cough to pneumonia. Some people recover easily, others may get very sick very quickly. There is evidence that it spreads from person to person. Good hygiene can prevent infection. It is probable that people with underlying health conditions and those of advanced age are at higher risk for severe disease.

#### Planning international travel

- Defer all international travel until further notice, other than individuals returning to their home country.
- Advise your manager if you have any underlying medical conditions or other risk factors, prior to travelling back to your home country. Where this is the case advice must be sought from International SOS prior to travel commencing.
- The Managing Director of CPB and the CIMIC CEO must approve all international travel, taking into account risk factors specific to the traveller and itinerary.
- Prior to undertaking any approved international travel, the traveller must obtain itinerary specific advice from International SOS and implement any advised precautions.

#### International travel advice

- Monitor the situation as flight schedules and border restrictions may change and/or flights may be cancelled at short notice.
- Before you travel, ensure you have downloaded and activated the International SOS app using the CIMIC Membership number 12AYCA083345 and created your personal profile.
- Do not travel if you are sick. Most international transport hubs have implemented screening and travellers may face enforced quarantine and testing if they are found to be unwell or running a fever.
- Be prepared for delays at airports and other travel hubs that may result from health screening.
- Be prepared for potential travel restrictions that may be implemented with little or no notice.
- Maintain good personal hygiene. Wash your hands frequently with soap and water or hand sanitiser, maintain social distance of at least 1.5 metres distance where possible, particularly if anyone appears unwell. Avoid touching your eyes, nose or mouth.
- If you develop symptoms while travelling, seek medical attention. Limit your contact with other people as much as possible. Let the medical facility know about your travel history and any potential exposures prior to attending.
- Refer to the Group Protocol – Minimising the risk of COVID-19 infections for information on infection control and domestic travel.

#### After travel

- Monitor your health for 14 days.
- Self-isolate for 14 days from the workplace following travel regardless of the locations visited.
- If symptoms of a respiratory illness arise during the isolation period seek medical attention. The traveller will also be required to self-isolate from the workplace until symptoms have subsided and medical clearance is obtained.
- Health & Safety or HR teams can assist in obtaining medical advice if required or requested.

#### Further information

Further information on COVID-19 can be found on the [International SOS website](#).