

# Fatigue Risk Management Policy

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As Chief Executive, I fully support Sydney Trains' Fatigue Risk Management Policy.

The effective management of fatigue is critical to ensuring that Sydney Trains can continue to deliver a safe, reliable, effective and efficient service for our customers.

## Vision

An organisation where everyone acts together to reduce fatigue risk.

## Purpose

The nature of our 24-hour operation requires many workers and contractors to work at various times of the day and night, or be on-call. Sydney Trains is committed to managing fatigue risks through the implementation of a proactive risk management framework.

## Policy Statement

To demonstrate our commitment to managing fatigue risks, Sydney Trains will:

- Maintain a Safety Management System (SMS) that describes the procedures for managing fatigue risk.
- Maintain fatigue risk management plans and fatigue risk profiles.
- Value and support the health and wellbeing of workers and contractors.
- Provide fatigue management awareness training.
- Educate workers on their responsibilities to manage fatigue risk including awareness of the implications of secondary employment and voluntary work practices and the need to report fatigue related hazards and incidents.
- Maintain fatigue rostering principles.
- Utilize fatigue management tools to plan and validate our rosters.
- Require compliance with relevant legislation.
- Encourage a shared approach to fatigue management, with all parties discharging their duty to address matters that fall within their responsibility and accountability.
- Report on objectives, targets and drive continuous improvement of fatigue risk management strategies.
- Identify and manage changes in the operating environment that have the potential to increase fatigue risk.



**Howard Collins OBE**  
Chief Executive