

# Food Delivery Riders — Increasing visibility on our roads

Food delivery riders provide many goods and services to the community, but can face risks when working on our roads. Ways to reducing the risks include ensuring they are highly visible to road users when riding.

The NSW Road Rules require riders to always wear an approved helmet fitted and fastened to their head and display lights and/or reflectors on their vehicles in dark or hazardous conditions.

Additionally, as of 1 January 2023, food delivery booking providers are legally required to supply a food delivery rider with high-visibility personal protective equipment, including a retro-reflective outer clothing item (such as a vest) and a bag or container for safely transporting food or drink.

There are ways riders can be more visible on our roads:

## Use a food delivery bag that:

- ▶ Includes retro-reflective material
- ▶ Is a fluorescent colour, e.g. yellow, orange or light green
- ▶ If not made entirely from retro-reflective material, has retro-reflective bands on its front, sides and straps. The bands should be made from compliant reflective materials and/or is specified to meet the AS/NZS 1906.4:2010 High visibility materials for safety garments standard.



Image courtesy of SafeWork NSW

## Wear a helmet that:

- ▶ Is light coloured e.g. fluorescent yellow, orange, white or light green
- ▶ Has additional retro-reflective markings if required. See how to install these markings here.



## Wear clothing that:

- ▶ Includes retro-reflective material
- ▶ Is a fluorescent colour e.g. yellow, orange or light green
- ▶ Has additional compliant retro-reflective fluorescent bands. Bands should be at least 40mm wide and placed on high areas of the jacket or shirt (arms, shoulder and collar), and/or low areas of pants (around the lower legs), so they are not covered by the delivery bag when viewed from behind
- ▶ Is specified to meet the AS 4602.1:2011 High visibility safety garments standard.



## Install additional reflectors:

- ▶ On pedals and wheels, in addition to the required red reflector on the back of the bicycle
- ▶ Bicycle reflectors need to meet the AS 2142:1978 standard.



## Use lights during the day to promote visibility:

- ▶ Motorcycle riders should use headlights during the day or ride a motorcycle with daytime running lights
- ▶ Bicycle riders should use lights during the day in addition to using the required white light at the front and red light at the back at night or in hazardous weather
- ▶ The lights you use must not dazzle other road users.