Food Delivery Riders — Attaching reflective markings on helmets

Food Delivery Riders — Attaching reflective markings on helmets

As a food delivery rider, you spend a lot of time out on the road. To improve your safety, it's important to make sure you're highly visible to other road users.

As of 1 January 2023, food delivery booking providers are legally required to supply a food delivery rider with high-visibility personal protective equipment, including a retroreflective outer clothing item (such as a vest) and a retro-reflective bag or container for safely transporting food or drink.

Another way to improve your visibility is to wear a light coloured (such as white or fluorescent yellow) or retro-reflective approved bicycle or motorcycle helmet.

If your helmet is a dark colour, retro-reflective strips can be added to increase visibility.

Below are tips on how to add retro-reflective strips to your helmet:

- Attach the strips to the front, sides and rear of the helmet as shown in the images below
- Avoid placing strips over vents, visors or on straps
- Check with the supplier to ensure the strip adhesive won't damage the outer shell of your helmet or strip any protective layer of the helmet







